

# Personal Identity Wheel

(Adapted from "Voices of Discovery", Intergroup Relations Center, Arizona State University)

The Personal Identity Wheel is a circular diagram divided into 12 segments. The segments, starting from the top and moving clockwise, are: Favorite Music, One Skill you are Proud of, Favorite Movie, Favorite Book, Favorite Food, Favorite Hobby, Favorite Color, Personal Motto, Number of Siblings, Birth Order, and Favorite Music. The center of the wheel contains the text "Three Adjectives to Describe Yourself" followed by three numbered lines (1., 2., 3.) and a horizontal line for the name.

Favorite Music

One Skill you are Proud of

Favorite Movie

Favorite Book

Favorite Food

Favorite Hobby

Favorite Color

Personal Motto

Number of Siblings

Birth Order

Favorite Music

Three Adjectives to Describe Yourself

1. \_\_\_\_\_

2. \_\_\_\_\_

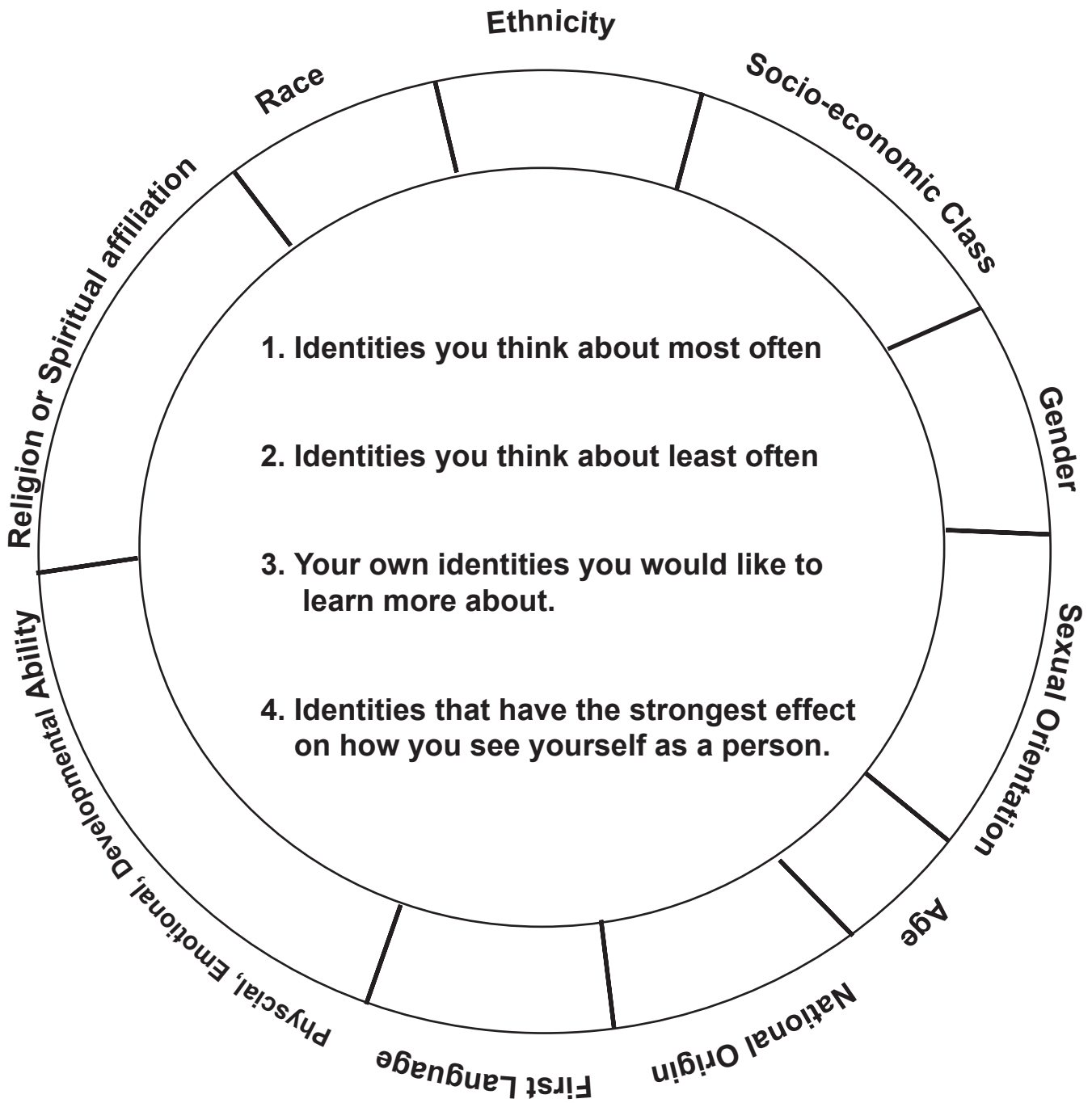
3. \_\_\_\_\_

\_\_\_\_\_

Name

# Social Identity Wheel

(Adapted from "Voices of Discovery", Intergroup Relations Center, Arizona State University)



# Spheres of Influence

## *Self:*

Educating yourself, understanding your values and feelings, examining how you want to change.

## *Close Family & Friends:*

Influencing the people close to you.

## *Social, School and Work*

### *Relationships:*

Friends and acquaintances, co-workers, neighbors, classmates, people you see on regular basis.

### *Community:*

People with whom you interact infrequently or in community settings.

