



**Mental Health and Substance  
Abuse Division**

# A Community Support Guide for Alternatives to Inpatient Mental Health Treatment

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**Hello from  
Lauren Lacefield Lewis,  
Assistant Commissioner**



It is estimated that one in five Americans will experience a mental health issue during their lifetime and that one in 20 will develop a serious mental illness.

Mental illness is not a personality weakness; it is a disease like many other diseases, such as cancer or diabetes.

Our mission is to restore hope, resilience, and recovery for the people we serve. The good news is that treatment works; recovery from a mental illness is possible; and help is available for Texans living with mental health issues and substance use disorders.

Inpatient care is an important part of the overall service array for people with mental illness. However, this guide is designed to educate the public about community treatment options that can be used to help children and adults with behavioral health issues avoid inpatient treatment if a less intensive alternative is appropriate.

Beyond the behavioral health crisis system in Texas, there are numerous resources that can provide the support and treatment that people with mental illness may need to move toward recovery and avoid psychiatric crises. Local Mental Health Authorities and NorthSTAR providers, located in the Dallas region, can help link people to these important services.

In addition, The Hogg Foundation for Mental Health has produced an overview of services across the state. You may find this to be a helpful reference:

*A Guide to Understanding Mental Health Systems and Services in Texas, Second Edition, 2014.* [https://hoggblogdotcom.files.wordpress.com/2014/12/mhguide\\_final-1.pdf](https://hoggblogdotcom.files.wordpress.com/2014/12/mhguide_final-1.pdf).

Special thanks to the Court of Criminal Appeals for providing another lens to make sure this guide was useful within the court system of Texas as well as the mental health system.





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**Counties:** Archer, Armstrong, Bailey, Baylor, Briscoe, Brown, Callahan, Carson, Castro, Childress, Clay, Cochran, Coleman, Collin, Collingsworth, Comanche, Cooke, Cottle, Crosby, Dallam, Dallas, Deaf Smith, Denton, Dickens, Donley, Eastland, Ellis, Erath, Fannin, Floyd, Foard, Gray, Grayson, Hale, Hall, Hansford, Hardeman, Hartley, Haskell, Hemphill, Hockley, Hood, Hunt, Hutchinson, Jack, Johnson, Jones, Kaufman, King, Knox, Lamb, Lubbock, Lipscomb, Lynn, McCulloch, Mills, Montague, Moore, Motley, Navarro, Ochiltree, Oldham, Palo Pinto, Parker, Parmer, Potter, Randall, Roberts, Rockwall, San Saba, Shackelford, Sherman, Somervell, Stephens, Stonewall, Swisher, Tarrant, Taylor, Throckmorton, Wichita, Wilbarger, Wise, Wheeler, and Young

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**Local Mental Health Authorities:** ACCESS, Andrews Center, Austin Travis County Integral Care, Bluebonnet Trails Community Services, MHMR Authority of Brazos Valley, Burke Center, Central Counties Center for MHMR, Community Healthcore, Gulf Coast Center, MHMR Authority of Harris County, Heart of Texas Region MHMR Center, Lakes Regional MHMR Center, Spindletop Center, Texana Center, and Tri-County Behavioral Healthcare

**Counties:** Anderson, Angelina, Austin, Bastrop, Bell, Brazoria, Brazos, Bosque, Bowie, Burleson, Burnet, Caldwell, Camp, Cass, Chambers, Cherokee, Colorado, Coryell, Delta, Falls, Freestone, Fayette, Fort Bend, Franklin, Galveston, Gregg, Grimes, Guadalupe, Hamilton, Hardin, Harris, Harrison, Hill, Henderson, Hopkins, Houston, Jasper, Jefferson, Lamar, Lampasas, Lee, Leon, Liberty, Limestone, Madison, Marion, Matagorda, McLennan, Milam, Montgomery, Morris, Nacogdoches, Newton, Orange, Panola, Polk, Rains, Red River, Robertson, Rusk, Sabine, San Augustine, San Jacinto, Shelby, Smith, Titus, Travis, Trinity, Tyler, Upshur, Van Zandt, Walker, Waller, Washington, Wharton, Williamson, and Wood

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**Local Mental Health Authorities:** Border Region Behavioral Health Center, Camino Real Community Services, The Center for Health Care Services, Coastal Plains Community Center,



Gulf Bend Center, Hill Country Mental Health & Developmental Disabilities Centers, Behavioral Health Center of Nueces County, and Tropical Texas Behavioral Health

**Counties:** Aransas, Atascosa, Bandera, Bee, Bexar, Brooks, Calhoun, Cameron, Comal, DeWitt, Dimmit, Duval, Edwards, Frio, Gillespie, Goliad, Hidalgo, Jackson, Jim Hogg, Jim Wells, Karnes, Kendall, Kenedy, Kerr, Kinney, Kleberg, La Salle, Lavaca, Live Oak, Maverick, Medina, McMullen, Nueces, Real, Refugio, San Patricio, Starr, Uvalde, Val Verde, Victoria, Webb, Wilson, Willacy, Zapata, and Zavala

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**Local Mental Health Authorities:** Emergence Health Network, MHMR Services for the Concho Valley, Permian Basin Community Centers for MHMR, and West Texas Centers

**Counties:** Andrews, Brewster, Borden, Coke, Concho, Crane, Crockett, Culberson, Dawson, Ector, El Paso, Fisher, Gaines, Garza, Glasscock, Howard, Hudspeth, Irion, Jeff Davis, Kent, Loving, Martin, Mitchell, Midland, Nolan, Pecos, Presidio, Reagan, Reeves, Runnels, Scurry, Sterling, Terrell, Terry, Tom Green, Upton, Ward, Winkler and Yoakum

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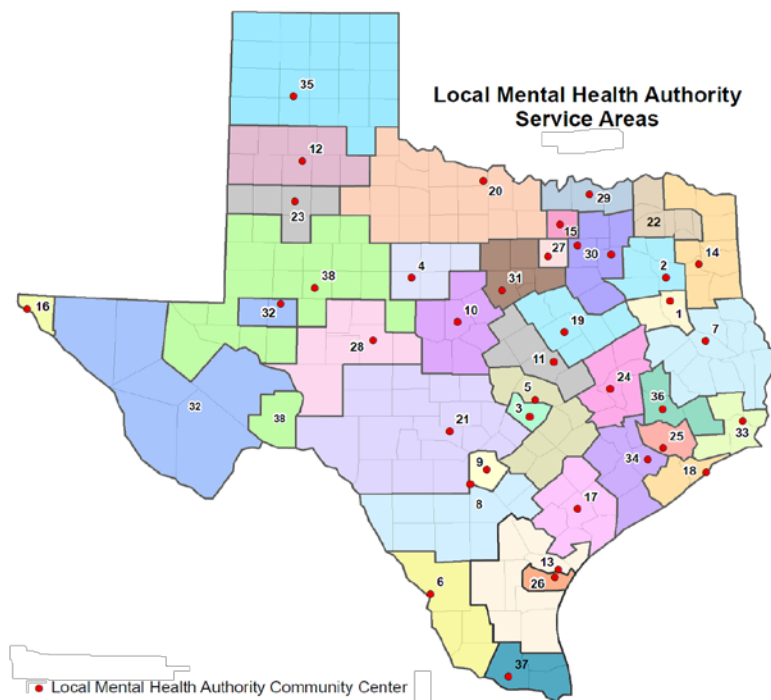
## About The Guide

The purpose of this guide is to help people better understand mental health care in Texas. This guide provides basic information regarding the services available across the state and the organizations that can help people get connected to these resources.

### Local Mental Health Authorities:

Every community in Texas is served by a Local Mental Health Authority (LMHA). LMHAs help people understand what treatment options will address the challenges associated with their mental illness and ultimately achieve recovery. LMHAs provide a wide array of treatment services and support, and also connect people with resources unique to their community.

The map below helps identify the LMHA nearest you. In addition, the Department of State Health Services (DSHS) website can help you identify which LMHA serves your community. For a complete list of LMHAs visit [www.dshs.state.tx.us/mhsa/lmha-list](http://www.dshs.state.tx.us/mhsa/lmha-list), or review Appendix A: Local Mental Health Authorities.



ID	Center Name	ID	Center Name	ID	Center Name
1	ACCESS	14	Community Healthcore	27	MHMR of Tarrant County
2	Andrews Center	15	Denton County MHMR Center	28	MHMR Services for the Concho Valley
3	Austin Travis County Integral Care	16	Emergence Health Network	29	Texoma Community Center
4	Betty Hardwick Center	17	Gulf Bend Center	30	NorthSTAR/ValueOptions

5	Bluebonnet Trails Community Services	18	Gulf Coast Center	31	Pecan Valley Centers for Behavioral & Developmental HealthCare
6	Border Region Behavioral Health Center	19	Heart of Texas Region MHMR Center	32	Permian Basin Community Centers
7	Burke Center	20	Helen Farabee Centers	33	Spindletop Center
8	Camino Real Community Services	21	Hill Country Mental Health & Developmental Disabilities Centers	34	Texana Center
9	The Center for Health Care Services	22	Lakes Regional Community Center	35	Texas Panhandle Centers
10	Center for Life Resources	23	StarCare Specialty Health System	36	Tri-County Behavioral Healthcare
11	Central Counties Center for MHMR	24	MHMR Authority of Brazos Valley	37	Tropical Texas Behavioral Health
12	Central Plains Center	25	Harris Center for Mental Health and IDD	38	West Texas Centers
13	Coastal Plains Community Center	26	Behavioral Health Center of Nueces County		

**Available Services:**

People do not have to wait until they are in crisis to receive help. Services are available to assist people in finding employment, finding or keeping safe housing, and getting access to medications when needed. This guide provides a description of such services. We hope this will help you better understand what an LMHA does and how these organizations can assist you or someone you know.

For many people, a crisis causes an initial request for help from the mental health system. That is the reason LMHAs have a variety of services to assist people in crisis – even if they are not yet connected with care.

Some services, like the crisis hotlines and Mobile Crisis Outreach Teams (MCOT), are available in every community. Others, such as the various types of crisis facilities, have been developed by communities to meet their local needs and may not exist in every area. This guide will help you understand what options are available where you live. It also provides a description of the services and lists contact information for each provider.

**What do I need? Are there any openings right now?**

LMHAs have mental health professionals available 24/7 to help people understand what kind of care they need and how they can receive services. LMHA staff knows what openings are available and what the best options are if a person has to wait. Some programs are designed for walk-ins. However, LMHAs work with people to ensure they arrive at the right program that has the space and staff available to meet their needs. We encourage people to reach out directly to their LMHA when assistance is needed.

Sometimes it is more appropriate to call 9-1-1 or go directly to a hospital. For example, if an individual has hurt himself or herself, calling 9-1-1 for an ambulance or going directly to a hospital for immediate

care is the most appropriate means to access services. LMHAs help people make the best choice possible in difficult crisis situations.

### **How much will services cost?**

Services provided by LMHAs are available on a “sliding fee scale,” meaning payment for services may be greatly reduced based on a person’s income. LMHAs also accept most forms of insurance.

### **Are there options for people who have been arrested?**

A number of services are available to people in the criminal justice system. Typically referred to as “forensic services,” this guide lists the communities that offer community-based services to people who are unable to stand trial due to mental illness. LMHAs also collaborate with the Texas Correctional Office on Offenders with Medical or Mental Impairments. Information regarding these specialized services is also provided in this guide.



Services designed for people involved in the criminal justice system are noted by the symbol to the left.

### **NorthSTAR:**

NorthSTAR is an integrated mental health and substance abuse managed care program that serves Collin, Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall counties. NorthSTAR takes the place of an LMHA for these communities. For more information visit: [www.valueoptions.com/northstar/members/resources/NorthSTAR\\_Provider\\_Directory.pdf](http://www.valueoptions.com/northstar/members/resources/NorthSTAR_Provider_Directory.pdf)

**You may find the following acronyms helpful:**

ACT	Assertive Community Treatment	MHD	Mental Health Deputy
CIRT	Crisis Intervention Response Team	MHMR	Mental Health and Mental Retardation Center (traditional name for the LMHA)
CSU	Crisis Stabilization Unit	OCR	Outpatient Competency Restoration Program
DFPS	Department of Family and Protective Services	RTC	Residential Treatment Center
DSHS	Department of State Health Services	PESC	Psychiatric Emergency Service Center
EOU	Extended Observation Units	TCOOMMI	Texas Correctional Office on Offenders with Medical or Mental Impairments
LMHA	Local Mental Health Authority		
MCOT	Mobile Crisis Outreach Team		

## Types of Services Available

### Crisis Services and Facilities

Across the state, there is a wide array of crisis services available to individuals in crisis. A crisis may be a period of intense difficulty where an individual may be experiencing severe symptoms related to mental illness, be a danger to themselves or others, or feel extremely hopeless. In crisis where you or someone you know is in immediate danger, call 9-1-1 or 1-800-SUICIDE. Otherwise, the first step is to call the crisis hotline in your region. The crisis hotline numbers are provided in the following pages under each region. The services listed below are in order from least intensive to most intensive treatment options.

**Crisis Hotline:** Provides information, support, referrals, screening, and intervention services 24/7.

**Mobile Crisis Outreach Teams (MCOT):** Provides immediate response to the location where a psychiatric crisis is occurring. MCOT is available 24/7 and medical and mental health professionals respond to calls from the home, school, street, or clinic.

**Crisis Intervention, Relapse Prevention, and Follow-Up:** Provides services to individuals who are not in imminent danger of harm to self or others, but require additional assistance to avoid reoccurrence of the crisis event. Mental health professionals respond to crises to reduce symptoms and prevent admission of an individual to a more restrictive environment.

**Crisis Respite:** Provides short-term, community-based crisis care for individuals who have low-risk of harm to themselves or others, but may have some functional impairment. This is the least intensive, facility-based crisis option. Services occur outside of a person's home and may be provided for a few hours or a few days. Many people served in these programs have experienced an event causing significant distress, are having housing challenges, or have loved ones/caretakers who are seeking temporary support or supervision for the individual. Facility-based crisis respite services have mental health professionals on-site 24/7.

**Crisis Residential:** Provides up to 14 days of short-term, community-based residential, crisis treatment for individuals who may pose some risk of harm to themselves or others, have a severe impairment in their ability to function, and demonstrate a psychiatric crisis that cannot be stabilized in a less intensive setting. This is a more intensive, facility-based crisis option. Mental health professionals are on-site 24/7 and provide support and rehabilitative services.

**Psychiatric Emergency Service Centers (PESC):** Provides a combination of facility-based crisis care services, such as those listed above. PESC's must be available for walk-ins and provide immediate access to assessment, triage and a continuum of stabilizing treatment for individuals experiencing a behavioral

health crisis. PESCs are staffed by medical personnel and mental health professionals and provide care 24/7.

**Extended Observation Units (EOU):** Provide emergency services for up to 48 hours to individuals in psychiatric crisis. Services are provided in a secure and protected, clinically staffed, psychiatrically supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. Individuals seeking treatment in an EOU may pose a moderate- to high-risk of harm to themselves or others. A determination of whether the individual has stabilized or requires a psychiatric hospitalization is made prior to the end of the 48-hour period.

**Crisis Stabilization Units:** Provide short-term, residential treatment to reduce acute symptoms of mental illness. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options.

**Rapid Crisis Stabilization Beds:** Provides very brief stays in licensed hospitals to relieve acute symptoms and restore an individual's ability to function in a less restrictive setting.

**Residential Treatment Centers (RTCs):** Provides 24-hour care for children less than 18 years of age and may offer programmatic services such as transitional living or emergency care, or may offer treatment services for emotional disorders or primary medical needs. Residential treatment centers are a subset of General Residential Operations that serve only children needing treatment services for emotional disorders.

A specialized RTC initiative implemented through a partnership between DSHS and the Department of Family and Protective Services (DFPS) provides an intensive service alternative for children/youth at risk for parental relinquishment of custody due to a lack of mental health resources. Youth reside in these facilities an average of six months. Children between 5 and 17 years of age are referred by DFPS' Child Protective Services in collaboration with LMHAs and have "no finding" of abuse/neglect by the parents/guardians. LMHAs provide assessments and access to RTCs.

**Waco Center for Youth Residential Treatment Center:** A state-operated, psychiatric residential treatment facility that serves adolescents 13 to 17 years of age with significant or severe emotional difficulties and/or behavioral problems. This is a unique facility that serves approximately 70 youth from across the state and is located in Waco.

Contact: Admissions Coordinator 254-745-5399, or Admissions/Aftercare Assistant 254-745-5302.

## Outpatient Services

Across the state of Texas, there are core services provided by LMHAs and NorthSTAR providers to help you or someone you know get better. Some services and programs may be provided by other providers. LMHAs and NorthSTAR are able to provide referrals to these programs as well.

**Access to Benefits:** When an individual is enrolled in services at the LMHA or in NorthSTAR, the benefits officer may assist the individual in applying for Supplemental Security Income (SSI) or Supplemental Security Disability Income (SSDI).

**Assertive Community Treatment (ACT):** An evidence-based practice provided by the LMHAs or NorthSTAR that is specifically designed for those who have difficulty avoiding repeated admissions or long stays in inpatient psychiatric facilities. ACT provides a full array of intensive, in-home services and utilizes person-centered recovery planning to help these individuals achieve stability and facilitate community living.

**Case Management:** Case managers are employed by LMHAs or NorthSTAR providers and help adults, children, or caregivers obtain needed services, such as employment, medication, and substance abuse treatment.

**Counseling (Cognitive Behavioral Therapy and Cognitive Processing Therapy):** Individual, family, and group therapy works to reduce or eliminate an individual's symptoms of mental illness and increase the individual's ability to perform normal, daily activities. This evidence-based practice is frequently recommended for people with diagnoses of major depression or post-traumatic stress disorder.

**Home and Community Based-Adult Mental Health Program (HCBS-AMH):** The HCBS-AMH program is designed to serve adults age 18 and older who have a diagnosis of a serious mental illness who require a very intense level of support to be successful in the community. Individuals meet this criteria who have resided in an inpatient psychiatric hospital for three or more years (cumulative or consecutive) during the five years prior to enrollment. This includes days of forensic inpatient commitments. Individuals who have been arrested four or more times and experienced a severe psychiatric crisis during the three years prior to enrollment may also be eligible. Additionally, individuals who have had fifteen or more emergency department visits and experienced a severe psychiatric crisis during the three years prior to enrollment may also be eligible. Individuals must be eligible for Medicaid and meet specific functional criteria to receive HCBS-AMH services. The HCBS-AMH program also has funds available to serve a small number of indigent individuals, who are not eligible for Medicaid and have resided in an inpatient psychiatric hospital for three or more years. The HCBS-AMH program provides an array of services, appropriate to each individual's needs, to enable individuals to live and experience recovery in his or her community. Individuals can be referred to the program through their LMHA or NorthSTAR provider. For



more information on the services available through HCBS-AMH and where the program is available, visit <https://www.dshs.state.tx.us/mhsa/hcbs-amh>.

**Medication and Medication Training:** Physicians (and people who assist physicians, such as nurse practitioners and physician assistants) assess whether medications would help adults and children address symptoms, achieve stability, and ultimately recover. Physicians also work with treatment teams to provide education and guidance about these medications and their possible side effects.

**Peer Services and Supports:** Peer providers share their experience related to recovery; act as a model of hope and resilience to others; provide education, training, and interventions within the recovery process; and promote integration with community resources. Peer providers have experienced mental illness, which makes them uniquely able to promote wellness, recovery, and an independent life in the community. Peer support is available at the LMHA, in NorthSTAR and as part of the HCBS-AMH program.

**Permanent Supported Employment:** This evidence-based practice available at the LMHA and in NorthSTAR builds upon rehabilitation services and works to help people choose, obtain, and maintain employment in regular community jobs.

**Permanent Supportive Housing:** This evidence-based practice available at the 18 LMHAs and in NorthSTAR that builds upon case management and rehabilitation services to help people choose, obtain, and maintain regular, long-term integrated housing. This service is available to all who demonstrate housing needs.

**Rehabilitation and Skills Training:** Provide evidence-based intervention services as part of the overall treatment planning process to facilitate recovery.

**Substance Abuse Services:** LMHAs work closely with Outreach, Screening, Assessment, and Referral Centers (OSARS) to help people with issues related to substance use. Regardless of their ability to pay, Texas residents seeking substance abuse services and information may qualify for services based on need. For a complete list of OSARS, visit [www.dshs.state.tx.us/sa/OSAR](http://www.dshs.state.tx.us/sa/OSAR), or Appendix B: Outreach, Screening, Assessment, and Referral Centers.

**Projects for Assistance in Transitions from Homelessness (PATH):** The PATH program is a federal formula grant that funds services for people with serious mental illness experiencing homelessness. Supported activities include screening and diagnostic treatment, community mental health services, substance use treatment, case management services, supportive and supervisory services in residential settings, and referrals for primary healthcare, job training, educational services, and housing. PATH

services are eligible for individuals with serious mental illnesses and those with co-occurring substance use disorders who are experiencing homelessness or are at imminent risk of homelessness. The primary objective is to provide outreach to these individuals, and connect them with mainstream services. There are currently 16 PATH providers in the State of Texas, covering 15 geographic locations. PATH is not limited to serving those in the criminal justice system, or who are unable to stand trial, but these individuals can receive services if they meet PATH eligibility criteria.

**Youth Empowerment Services (YES):** The YES program serves youth 3 through 18 years of age by providing services in a child's home and local community to children who would otherwise need an institutional level of care or whose parents would turn to out-of-home placement due to the child/youth's serious emotional disturbance (SED). Individuals must be eligible for Medicaid and meet specific requirements to receive services. Parental income is not included in financial eligibility determinations for Medicaid when the youth is determined eligible for YES. Services are available statewide. The process for enrollment begins when the legally authorized representative for the youth calls the Inquiry Line at the LMHA or NorthSTAR. For a list of the number for the Inquiry Line by county and more information about YES, visit <http://www.dshs.state.tx.us/mhsa/yes/>.

### Services for People in the Criminal Justice System Forensic Services

A number of services are available to people involved in the criminal justice system. Typically referred to as forensic services, this guide lists the communities that offer community-based services to people who are unable to stand trial due to mental illness. LMHAs also partner with the Texas Correctional Office on Offenders with Medical or Mental Impairments (TCOOMMI). Information regarding these specialized services is also provided in this guide.

**Crisis Intervention Response Team (CIRT) Program:** CIRT seeks to minimize law enforcement officer waiting time, divert individuals in behavioral health crisis from the criminal justice system and psychiatric inpatient beds, reduce unplanned use of local emergency rooms to manage behavioral health crises, and expansion of the crisis response system. CIRT is located at Tri-County Services covering Liberty, Montgomery and Walker Counties.

**Harris County Jail Diversion Program (HCJDP):** The Harris County Jail Diversion Program (HCJDP) provides a continuum of services and supports to reduce criminal justice involvement and unwarranted admissions for emergency room services, while increasing enrollment in long-term mental health services.

**Home and Community Based-Adult Mental Health Program (HCBS-AMH):** The HCBS-AMH program is designed to serve adults age 18 and older who have a diagnosis of a serious mental illness who require a

very intense level of support to be successful in the community. Individuals meet this criteria who have resided in an inpatient psychiatric hospital for three or more years (cumulative or consecutive) during the five years prior to enrollment. This includes days of forensic inpatient commitments. Individuals who have been arrested four or more times and experienced a severe psychiatric crisis during the three years prior to enrollment may also be eligible. Additionally, individuals who have had fifteen or more emergency department visits and experienced a severe psychiatric crisis during the three years prior to enrollment may also be eligible. Individuals must be eligible for Medicaid and meet specific functional criteria to receive HCBS-AMH services. The HCBS-AMH program also has funds available to serve a small number of indigent individuals, who are not eligible for Medicaid and have resided in an inpatient psychiatric hospital for three or more years. The HCBS-AMH program provides an array of services, appropriate to each individual's needs, to enable individuals to live and experience recovery in his or her community. Individuals can be referred to the program through their LMHA, NorthSTAR provider, or state hospital (if currently admitted). For more information on the services available through HCBS-AMH and where the program is available, visit <https://www.dshs.state.tx.us/mhsa/hcbs-amh>.

**Mental Health Deputy (MHD) Program:** Mental Health Deputies are officers specially trained in crisis intervention that works collaboratively with the community and the crisis response teams of LMHAs. Mental Health Deputy projects help improve the crisis response system by diverting individuals in need of behavioral health crisis services from hospitals and jails to community-based alternatives that provide effective behavioral health treatment at less cost than hospitals and jails.

**Mental Health Docket:** Mental health courts promote accountability by helping individuals understand their public responsibilities and connecting them with services in their communities. Services can include but are not limited to case manager screening and assessment, recovery plan development, medication management, psychosocial rehabilitation, skills training, case management, peer support, supported housing, supported employment, and counseling. The program currently provided by the Texas Panhandle serving Potter and Randall counties.

**Outpatient Competency Restoration Program:** Provided through an LMHA or NorthSTAR, this program offers a full array of mental health services to adults deemed incompetent to stand trial. This program also provides services and supports in a person's home or community and is created as an alternative to inpatient treatment for competency restoration at state mental health facilities.

**Texas Correctional Office on Offenders with Medical or Mental Impairments Programs (TCOOMMI):** LMHAs and NorthSTAR providers connect juvenile and adult offenders with special needs to a full array of psychiatric and medical services upon their release on probation or parole. The Texas Department of Criminal Justice, county jails, and Texas Juvenile Justice Department Institutions refer juvenile or adult offenders to this program. LMHA and NorthSTAR providers also work closely with parole and probation officers to help the person comply with the conditions of his or her release, with a particular focus on engaging them in behavioral health treatment.

Contact: Texas Department of Criminal Justice – Reentry and Integration Division, Community Based Interventions, 512-671-2134

## Resources Available in the Northern Regions of Texas

### **Betty Hardwick Center (LMHA)**

[www.bhcmhmr.org/](http://www.bhcmhmr.org/)

2616 S Clack St., Abilene, TX 79606

**Main Phone:** 325-690-5100 **Crisis Hotline:** 1-800-758-3344

**Counties:** Callahan, Jones, Shackelford, Stephens and Taylor

### Crisis Respite Center:

Population Served: Adults 18+ years of age

Address: 2616 S. Clack St., Abilene, TX 79606

Phone: 1-800-758-3344

### Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-668-3618

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

### Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 325-690-5162

### **Center for Life Resources (LMHA)**

[www.cflr.us](http://www.cflr.us)

408 Mulberry St., Brownwood, TX 76801

**Main Phone:** 325-646-9574 **Crisis Hotline:** 1-800-458-7788

**Counties:** Brown, Coleman, Comanche, Eastland, McCulloch, Mills and San Saba

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 1200 3rd St., Brownwood, TX 76801

Phone: 1-800-458-7788

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 888-609-6467

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Central Plains Center (LMHA)**

[www.clplains.org](http://www.clplains.org)

715 Houston St., Plainview, TX 79072

**Main Phone:** 806-293-2636 **Crisis Hotline:** 1-800-687-1300

**Counties:** Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 801 Houston, Plainview, TX 79072 and 2601 Dimmitt Rd., Plainview, TX 79072

Phone: 1-800-687-1300

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-313-1113

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Denton County MHMR Center (LMHA)**

[www.dentonmhm.org/](http://www.dentonmhm.org/)

2509 Scripture St., Denton, TX 76201

**Main Phone:** 940-381-5000 **Crisis Hotline:** 1-800-762-0157

**Counties:** Denton

Crisis Residential Center:

Population Served: Adults 18+ years of age

Address: 2519 Scripture St., Denton, TX 76201

Phone: 1-800-762-0157

Psychiatric Triage Center: Evaluations are provided to individuals in crisis. Walk-ins are accepted and referrals to other community resources are provided as needed.

Population Served: Adults 18+ years of age

Address: 2509 Scripture St., Suite 100, Denton, TX 76201

Phone: 940-381-9965

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-779-9YES

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Helen Farabee Centers (LMHA)**

[www.helenfarabee.org/](http://www.helenfarabee.org/)

1000 Brook, Wichita Falls, TX 76301

**Main Phone:** 1-800-669-4166 **Crisis Hotline:** 1-800-621-8504

**Counties:** Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young

Crisis Respite:

Population Served: Children/adolescents 6-17 years of age and adults 18+ years of age

Address: 500 Broad St., Wichita Falls 76301

Phone: 1-800-621-8504

Wise Behavioral Health Rapid Crisis Stabilization Beds:

Population Served: Geropsych Patients 55 years of age and older

Address: Located within Wise Regional Hospital

609 Medical Center Dr., Decatur, TX 76234

Phone: 1-800-621-8504

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 800-669-4166

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Pecan Valley Centers for Behavioral and Developmental HealthCare (LMHA)**

[www.pvmhmr.org](http://www.pvmhmr.org)

2101 W. Pearl St., Granbury, TX 76048

**Maine Phone:** 817-579-4400 **Crisis Hotline:** 1-800-772-5987

**Counties:** Erath, Hood, Johnson, Palo Pinto, Parker and Somervell

Green Street Crisis Respite: The Green Street Crisis Respite facility serves all six Pecan Valley Centers counties and is open 24/7. Assistance with transportation is available. Individuals seeking services must not be actively suicidal or homicidal, must be medically stable and able to self-manage personal hygiene needs. Eligibility and admission determination is made through a face-to-face assessment by calling the Pecan Valley Centers Crisis Hotline.

Population Served: Adults 18+ years of age

Address: 532 Green Street, Stephenville 76401



Phone: 254-552-2050

Crisis Hotline: 1-800-772-5987

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-892-5556

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**StarCare Specialty Health System (LMHA)**

[www.StarCarelubbock.org](http://www.StarCarelubbock.org)

904 Avenue O St., Lubbock, TX 79401

**Main Phone:** 806-766-0310 **Crisis Hotline:** 1-800-687-7581

**Counties:** Cochran, Crosby, Hockley, Lubbock and Lynn



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 904 Ave. O St., Lubbock, TX 79408

Phone: 806-766-0310

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 806-500-3689

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 806-766-0388

**MHMR Tarrant (LMHA)**

[www.MHMRtarrant.org](http://www.MHMRtarrant.org)

3840 Hulen St., Fort Worth, TX 76107

**Main Phone:** 817-335-3022 **Crisis Hotline:** 1-800-866-2465

**Counties:** Tarrant

Crisis Respite (Adolescents):

Population Served: Adolescents 13-17 years of age

Address: 1520 Rio Grande Ave., Fort Worth, TX 76102

Phone: 1-800-866-2465

Crisis Respite and Residential (Men):

Population Served: Males 18+ years of age

Address: 1350 E Lancaster, Fort Worth, TX 76102

Phone: 1-800-866-2465

Crisis Respite & Residential (Women):

Population Served: Females 18+ years of age

Address: 815 S. Jennings, Fort Worth, TX 76104

Phone: 1-800-866-2465

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 817-569-5600

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Address: 3840 Hulen St. Tower North, Fort Worth, TX 76107

Phone: 817-335-3022 or 1-800-866-2465

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 817-569-5435

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 817-229-8923

**Texas Panhandle Centers (LMHA)**

[www.texaspanhandlecenters.org/](http://www.texaspanhandlecenters.org/)

901 Wallace Blvd., Amarillo, TX 79106

**Main Phone:** 806-358-1681 or 1-800-299-3699 **Crisis Hotline:** 1-800-692-4039

**Counties:** Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler

Rapid Crisis Stabilization Beds:

Population Served: Children & Adolescents 6-17 years of age and adults 18+ years of age

Address: 1501 S. Coulter St., Amarillo, TX 79106

Crisis Hotline: 1-800-692-4039

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 2002 Hardy St., Amarillo, TX 79106

Crisis Hotline: 1-800-692-4039

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-207-7630

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 806-341-7375

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 806-341-7375

**Texoma Community Center (LMHA)**

[www.mhmrst.org/location.html](http://www.mhmrst.org/location.html)

315 W McLain Dr., Sherman, TX 75092

**Main Phone:** 903-957-4700 **Crisis Hotline:** 1-877-277-2226

**Counties:** Cooke, Fannin and Grayson

Long-Term Residential:

Population Served: Adults 18+ years of age

Address: 102 (A) Memorial Dr., Denison, TX 75020

Phone: 903-957-4700

Crisis Hotline: 1-877-277-2226

Crisis Respite Facility:

Population Served: Adults 18+ years of age

Address: 102 (B) Memorial Dr., Denison, TX 75020

Phone: 903-957-4700

Crisis Hotline: 1-877-277-2226

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 877-461-4224

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**NorthSTAR/Value Options**

[www.valueoptions.com/northstar](http://www.valueoptions.com/northstar)

1199 S. Beltline Rd., Ste. 100, Coppell, TX 95019

**Main Phone:** 1-888-800-6799 **Crisis Hotline:** 1-866-260-8000

**Counties:** Collin, Dallas, Ellis, Hunt, Kaufman, Navarro and Rockwall

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 233 W. 10th St., Dallas TX 75208

Phone: 214-941-3500

Crisis Hotline: 1-866-260-8000



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Counties: Dallas

Phone: 214-653-3535

Athletes for Change-RTC Placement:

Population Served: Ages 13-17

Address: 1205 E. Bear Creek Rd., Glenn Heights, TX 75154

Phone: 972-223-2011

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 866-501-6535

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 214-671-0958

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 1-888-800-6799

## Resources Available in the Eastern/Central Regions of Texas

### **ACCESS (LMHA)**

[www.accessmhm.org](http://www.accessmhm.org)

1011 College Avenue Jacksonville, TX 75766

**Main Phone:** 903-586-5507 **Crisis Hotline:** 1-800-621-1693

**Counties:** Anderson and Cherokee

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

### Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-801-8382

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

### **Andrews Center (LMHA)**

[www.andrewscenter.com](http://www.andrewscenter.com)

2323 West Front St., Tyler, TX 75702

**Main Phone:** 903-597-1351 **Crisis Hotline:** 1-877-934-2131

**Counties:** Henderson, Rains, Smith, Van Zandt and Wood

Crisis Respite and Psychiatric Service Emergency Center:

Population Served: Adults 18+ years of age

Address: 959 Farm Rd., Tyler, TX 75705

Phone: 903-566-6410

or 1-800-374-6058



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 2323 West Front St., Tyler, TX 75702-7747

Phone: 903-597-1351

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-826-0106

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 903-597-1351



**Austin Travis County Integral Care (LMHA)**

[www.integralcare.org](http://www.integralcare.org)

1430 Collier St. Austin, TX 78704

**Main Phone:** 512-447-4141 **24/7 Hotline:** 512-472-HELP (4357) **Crisis Hotline:** 844-398-8252

**TTY:** 512-703-1395

**Counties:** Travis

Walk-in Psychiatric Emergency Services Clinic:

Population Served: Children, adolescents, and adults

Address: 56 East Ave., Austin, TX 78701

Phone: 512-472-HELP (4357)

Website: [www.integralcare.org/content/psychiatric-emergency-services-pes](http://www.integralcare.org/content/psychiatric-emergency-services-pes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 512-478-5644

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 512-305-4147

Next Step Crisis Respite:

Next Step provides short-term psychiatric respite services for adults residing in Travis County who are recovering from a psychiatric crisis.

Population Served: Adults 18+ years of age

Address: 6222 N. Lamar, Austin, TX 78752

Phone: 512-472-HELP (4357)

The Inn:

The Inn provides short-term community-based residential crisis treatment. The Inn offers residential services, medication stabilization, around-the-clock nursing services, psychosocial rehabilitative skills training, case management and group treatment.

Population Served: Adults 18+ years of age

Address: 56 East Ave., Austin TX 78701

Phone: 512-472-HELP (4357)



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Phone: 512-472-HELP (4357)

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years of age

Phone: 512-804-3191

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Bluebonnet Trails Community Services (LMHA)**

[www.bbtrails.org](http://www.bbtrails.org)

1009 N. Georgetown St., Round Rock, TX 78664

**Main Phone:** 512-255-1720 **Crisis Hotline:** 1-800-841-1255

**Counties:** Bastrop, Burnet, Caldwell, Fayette, Guadalupe, Lee and Williamson

Crisis Respite & Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 711 North College St., Georgetown, TX 78626

Phone: 1-800-841-1255

Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 2713 E. Court, Seguin, TX 78155

Phone: 1-800-841-1255

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years of age

Phone: 844-309-6385

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 512-718-7385

**MHMR Authority of Brazos Valley (LMHA)**

[www.mhmrabv.org/](http://www.mhmrabv.org/)

804 S. Texas Ave., Bryan, TX 77802

**Main Phone:** 979-822-6467 **Crisis Hotline:** 1-888-522-8262

**Counties:** Brazos, Burleson, Grimes, Leon, Madison, Robertson and Washington

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 804 S. Texas Ave., Bryan, TX 77802

Phone: 1-888-522-8262

Everyday Life, Inc. – RTC Placement:

Population Served: Ages 10-17

Address: 6955 Broach Rd., Bryan, TX 77808

Phone: 979-589-1885

Website: [www.everydaylifertc.com/Home.html](http://www.everydaylifertc.com/Home.html)

Helping Hand Home for Children – RTC Placement:

Population Served: Ages 13-17

Address: 3804 Avenue B, Austin, TX 78751

Phone: 512-459-3353

Website: [www.helpinghandhome.org/](http://www.helpinghandhome.org/)

Pegasus Schools, Inc. – RTC Placement:

Population Served: Ages 10-17

Address: 896 Robin Ranch Road, Lockhart, TX 78644

Phone: 512-376-2101

Website: [www.pegasusschool.net/](http://www.pegasusschool.net/)

Rock Prairie Behavioral Health Hospital:

Population Served: Adults 18+ years of age

Address: 3550 Normand Drive, College Station, Texas 77845

Phone: 979-703-8848

Website: [www.rockprairiebh.com](http://www.rockprairiebh.com)

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-814-4027

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 979-821-9401

**Burke Center (LMHA)**

[www.myburke.org/](http://www.myburke.org/)

2001 S Medford Dr., Lufkin, TX 75901

**Main Phone:** 936-639-1141 **Crisis Hotline:** 1-800-392-8343

**Counties:** Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler

Mental Health Emergency Center (MHEC): MHEC provides assessment and/or brief treatment to individuals that are experiencing a mental health crisis. MHEC is comprised of two programs – extended observation unit and crisis residential unit.

Population Served: Adults 18+ years of age

Crisis Residential – Address: 105 Mayo Place, Lufkin, TX 75904

Phone: 1-800-392-8343

Extended Observation Unit – Address: 105 Mayo Place, Lufkin, TX 75904

Phone: 1-800-392-8343

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 800-330-9560

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 936-634-7173

**Central Counties Services (LMHA)**

[www.cccmhm.org](http://www.cccmhm.org)

304 S. 22nd St., Temple, TX 76501

**Main Phone:** 254-298-7000 **Crisis Hotline:** 1-800-888-4036

**Counties:** Bell, Coryell, Hamilton, Lampasas and Milam

Crisis Respite: Designed to give individuals brief care to prevent a state of crisis that requires hospitalization.

Population Served: Adults 18+ years of age

Address: 207 N. Lutterloh, Gatesville, TX 76528

Phone: 254-217-1856

Scott and White Mental Health Center:

Population Served: Adults 18+ years of age

Address: 2401 S. 31st St. Temple, TX 76508

Phone: 254-724-2585

Metroplex Behavioral Health Center:

Population Served: Children, adolescents, and adults

Address: 2201 S. Clear Creek Rd., Killeen, TX, 76549

Phone: 254-628-1000

Website: <http://www.mplex.org/care-services/behavioral-health>

Cedar Crest Hospital:

Population Served: Children, adolescents, and adults

Address: 3500 S. IH-35 Belton, Texas 76513

Phone: 866-543-7779

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-815-6221

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Community Healthcore (LMHA)**

[www.communityhealthcore.com](http://www.communityhealthcore.com)

107 Woodbine Pl., Longview, TX 75601

**Main Phone:** 903-758-2471 **Crisis Hotline:** 1-800-832-1009

**Counties:** Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur

Crisis Residential, Extended Observation Unit, and Psychiatric Emergency Center:

Population Served: Adults 18+ years of age

Address: 1007 South Williams Street, Atlanta, TX 75551

Phone: 903-796-1278

Crisis Residential, Extended Observation Unit, and Psychiatric Emergency Center:

Population Served: Adults 18+ years of age

Address: 1612 S. Henderson Blvd., Kilgore, TX 75662

Phone: 903-984-6052

Crisis Residential, Extended Observation Unit, and Psychiatric Emergency Center:

Population Served: Adults 18+ years of age

Address: 7470 State Hwy 154, Marshall, TX 75670

Phone: 903-927-1466



Outpatient Competency Restoration Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Address: 950 N. 4th St., Longview, TX 75601

Phone: 903-758-2471

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-937-9950

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 903-758-0125

**Gulf Coast Center (LMHA)**

[www.gulfcoastcenter.org](http://www.gulfcoastcenter.org)

123 Rosenberg, Ste. 6, Galveston, TX 77550

**Main Phone:** 409-763-2373 **Crisis Hotline:** 1-866-729-3848

**Counties:** Brazoria and Galveston



Crisis Respite (Galveston County):

Population Served: Adults 18+ years of age

Address: 5825 Emmet Lowry, Texas City, TX 77591

Phone: 409-763-2373

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 409-763-2373

Crisis Respite (Brazoria County):

Population Served: Adults 18+ years of age

Address: 2320 East Mulberry, Angleton, TX 77515

Phone: 409-763-2373

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 409-944-4555

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

*Harris Center for Mental Health and IDD (LMHA)*

[www.mhmraharris.org](http://www.mhmraharris.org)

2627 Caroline, Houston, TX 77004

**Main Phone:** 713-970-7070 **Crisis Hotline:** 1-866-970-4770

**Counties:** Harris

Crisis Respite:

Provides respite care. This facility has nine apartments with capacity for 16 residents.

Population Served: Adults 18+ years of age

Address: 612 Branard St., Houston, TX 77006

Phone: 713-970-7070

Crisis Residential Unit:

There are 18 beds at this facility.

Population Served: Adults 18+ years of age

Address: 2627 Caroline St., Houston, TX 77004, Bristow Building, 1st Floor

Phone: 713-970-7070

Critical Time Intervention Program:

This program assists homeless individuals with mental illness in their transition from the streets, shelters, psychiatric hospitals, or criminal justice system into the community.

Population Served: Adults 18+ years of age

Address: 9401 Southwest Freeway, 8th Floor, Houston, TX 77074

Phone: 713-970-7070

Post-Hospitalization Crisis Residential Unit:

There are 24 beds at this facility specifically designed as a step down from hospitalization. This is an intensive voluntary psychosocial treatment program with a medical component and coupled with peer supports.

Population Served: Adults 18+ years of age

Address: 2505 Southmore St., Houston, TX.

Phone: 713-970-7070

The Neuropsychiatric Center – Crisis Stabilization Unit:

This inpatient stabilization unit is for people experiencing a mental health crisis. It is open 24/7, 365 days per year; the average stay is three-five days; and a doctor must refer clients.

Population Served: Adults 18+ years of age

Address: 1502 Taub Loop (2nd Floor), Houston, TX 77030

Phone: 713-970-7070

Interim Care Clinic:

Provides interim psychiatric assessment and medication support for patients with a psychiatric diagnosis who do not have a psychiatric outpatient provider, or have experienced a disruption in their outpatient treatment and who are experiencing symptoms of a crisis and therefore in urgent need of treatment. The Interim Care Clinic is a one-time walk-in intervention.

Address: 1502 Taub Loop (2nd floor), Houston, TX 77030

Phone: 713-970-7070

Psychiatric Emergency Services:

The Psychiatric Emergency Services Unit is staffed 24 hours a day with registered nurses, clinical social workers, licensed professional counselors and psychiatric technicians. Each person treated receives an individualized clinical service plan that can include medication administration, reinforcement of coping skills, close observation by clinical staff, family meetings and determination of appropriate community supports.

Population Served: Screening available for individuals at any age

Address: 1502 Taub Loop (1st Floor), Houston, TX 77030

Phone: 713-970-7070

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 713-970-7212

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 713-970-7406

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 713-970-7255

**Heart of Texas Region MHMR Center (LMHA)**

[www.hotrmhmr.org](http://www.hotrmhmr.org)

110 S 12th St. Waco, TX 76701

**Main Phone:** 254-752-3451 **Crisis Hotline:** 1-866-752-3451

**Counties:** Bosque, Falls, Freestone, Hill, Limestone and McLennan

Psychiatric Triage Center:

Population Served: Walk-ins accepted. Evaluations and referrals to services provided for adults 18+ years of age

Address: 301 Londonderry, Waco, TX 76712

Phone: 1-866-752-3451

Extended Observation/Crisis Residential:

Population Served: Adults 18 + years of age

Address: 301 Londonderry, Waco, TX 76712

Phone: 1-866-752-3451

Crisis Respite Facility:

Population Served: Adults 18+ years of age

Address: 1200 Clifton St., Waco, TX 76704

Phone: 1-866-752-3451 (after hours and weekends)



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 110 S 12th St., Waco, TX 76703

Phone: 1-866-752-3451

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 254-297-7002

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 254-752-3451

**Lakes Regional Community Center (LMHA)**

[www.lrmhmrc.org](http://www.lrmhmrc.org)

400 Airport Rd., Terrell, TX 75160

**Main Phone:** 972-524-4159 **Crisis Hotline:** 1-877-466-0660

**Counties:** Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 855-977-1976

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Spindletop Center (LMHA)**

[www.stmhm.org](http://www.stmhm.org)

655 S 8th St., Beaumont, TX 77701

**Main Phone:** 409-784-5400 **Crisis Hotline:** 409-838-1818

**Counties:** Chambers, Hardin, Jefferson and Orange

Crisis Respite:

Population Served: Adolescents 13-17 years of age and adults 18+ years of age (separately)

Address: 2750 South 8th Street, Building C, Beaumont, TX 77701

Phone: 1-800-937-8097

Crisis Residential:

Population Served: Adults 18+ years of age

Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640

Phone: 1-800-937-8097

Extended Observation Units:

Population Served: Adults 18+ years of age

Location 1 – Address: 3080 College St., Beaumont, TX 77701

Phone: 1-800-937-8097

Location 2 – Address: 2555 Jimmy Johnson Blvd., Port Arthur, TX 77640

Phone: 1-800-937-8097



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Address: 655 S. 8th St., Beaumont, TX 77701

Phone: 409-784-5400

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-886-3280

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 409-839-1026

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 409-839-2233

**Texana Center (LMHA)**

[www.texanacenter.com](http://www.texanacenter.com)

5311 Ave. N., Rosenberg, TX 77471

**Main Phone:** 281-239-1300 **Crisis Hotline:** 1-800-633-5686

**Counties:** Austin, Colorado, Fort Bend, Matagorda, Waller and Wharton

Crisis Center: Access is available only via MCOT screenings (not a walk-in center).

Population Served: Adults 18+ years of age

Crisis Hotline: 1-800-633-5686

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 281-239-1485

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Tri-County Behavioral Healthcare (LMHA)**

[www.thcmhmrs.org](http://www.thcmhmrs.org)

1506 FM-2854, Conroe, TX 77304

**Main Phone:** 936-521-6100 **Crisis Hotline:** 1-800-659-6994

**Counties:** Liberty, Montgomery and Walker

Crisis Stabilization Unit (Psychiatric Emergency Treatment Center), and Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 706 FM 2854, Conroe TX 77301

Phone: 1-800-659-6994



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 1020 Riverwood Ct., Conroe, TX 77304

Phone: 936-521-6100

Guardian Angels – RTC Placement:



Population Served: Ages 9-17

Address: 9530 W. Montgomery Rd., Houston, TX 77088

Phone: 281-447-1812

Gulf Winds – RTC Placement:

Population Served: Ages 10-17

Address: 2904 1st St., Bay City, TX 77414

Phone: 979-254-2334

Have Haven – RTC Placement:

Population Served: Ages 10-17

Address: 14054 Ambrose St., Houston, TX 77045

Phone: 713-413-9490

Website: [www.havehaven.org/](http://www.havehaven.org/)

Krause Children’s Residential – RTC Placement:

Population Served: Ages 12-17

Address: 25752 Kingsland Blvd., Katy, TX 77494

Phone: 281-392-7505

Website: [www.krausechildrenscenter.org/](http://www.krausechildrenscenter.org/)

Renewed Strength, Inc. – RTC Placement:

Population Served: Ages 5-18

Address: 110 Hambrick Rd., Houston, TX 77060

Phone: 281-448-7550

Website: [www.renewedstrength.net/](http://www.renewedstrength.net/)

Shamar Hope Haven- RTC Placement:

Population Served: Ages 10-17

Address: 2719 Truxillo St., Houston, TX 77004

Phone: 713-942-8822

Unity Children's Home – RTC Placement:

Population Served: Ages 6-17

Address: 2111 River Valley Dr., Spring, TX 77373

Phone: 281-355-0716

Website: [www.unityresidentialtreatmentcenter.org/](http://www.unityresidentialtreatmentcenter.org/)

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 800-347-5208

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 936-521-6349

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 936-521-6349

## Resources Available in the Southern Regions of Texas

**Border Region Behavioral Health Center (LMHA)**

[www.borderregion.org](http://www.borderregion.org)

1500 Pappas St., Laredo, TX 78041

**Main Phone:** 956-794-3000 **Crisis Hotline:** 1-800-643-1102

**Counties:** Jim Hogg, Starr, Webb and Zapata

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-503-6182

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 956-794-3090

**Camino Real Community Services (LMHA)**

[www.caminorealcs.org](http://www.caminorealcs.org)

19965 FM-3175 N., Lytle, TX 78052

**Main Phone:** 210-261-1000 **Crisis Hotline:** 1-800-543-5750

**Counties:** Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson and Zavala

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 419 East San Marcos, Pearsall, TX 78061

Phone: 210-357-0300

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 877-271-9321

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**The Center for Health Care Services (LMHA)**

[www.chcsbc.org](http://www.chcsbc.org)

3031 W I-10, San Antonio, TX 78201

**Main Phone:** 210-261-1000 **Crisis Hotline:** 210-223-7233

**Counties:** Bexar

Crisis Care Center and Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 601 N. Frio, San Antonio, TX 78207

Phone: 210-223-7233 or 1-800-316-9241

Children's Crisis Unit:

The Children's Crisis Unit provides crisis assessments to children if they are perceived to be a potential danger to themselves or others and they are physically within the boundaries of Bexar County. Crisis assessors also conduct crisis assessments in the field, at schools, residences, and other locations.

Population Served: Ages 3-17

Address: 227 West Drexel, San Antonio, TX 78210

Phone: 210-223-7233 or 1-800-316-9241

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 210-261-1135

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Address: 3031 IH-10 West, San Antonio, TX 78201 Phone: 210-261-1000

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 210-261-1481

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 210-261-1456

**Coastal Plains Community Center (LMHA)**

[www.coastalplainsctr.org](http://www.coastalplainsctr.org)

200 Marriott Dr., Portland, TX 78374

**Main Phone:** 361-777-3991 **Crisis Hotline:** 1-800-841-6467

**Counties:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak and San Patricio

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 200 Marriott Dr, Portland, TX 78374

Phone: 1-800-841-6467

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 800-831-6467

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Gulf Bend Center (LMHA)**

[www.gulfbend.org](http://www.gulfbend.org)

6502 Nursery Drive, Suite 100, Victoria, TX 77904-1178

**Main Phone:** 361-575-0611 **Crisis Hotline:** 1-877-723-3422

**Counties:** Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria

Extended Observation Unit:

Population Served: Adults 18+ years of age

Address: 2701 Hospital Dr., Victoria, TX 77901

Phone: 1-877-723-3422

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 800-421-8825

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Hill Country Mental Health & Developmental Disabilities Centers (LMHA)**

[www.hillcountry.org](http://www.hillcountry.org)

819 Water St, Suite 300, Kerrville, TX 78028

**Main Phone:** 830-792-3300 **Crisis Hotline:** 1-877-466-0660

**Counties:** Bandera, Comal, Edwards, Gillespie, Kendall, Kerr, Kinney, Medina, Real, Uvalde and Val Verde

Crisis Stabilization Unit:

Population Served: Adults ages 18+

Address: 643 Sheppard Rees Rd., Kerrville, TX 78028

Phone: 1-877-466-0660

Hector Garza Center – RTC Placement:

Population Served: Ages 10-17

Address: 620 E. Afton Oaks Blvd., San Antonio, TX 78232

Phone: 210-568-8600

Website: [www.abraxasyfs.com/facilities/hectorgarza/](http://www.abraxasyfs.com/facilities/hectorgarza/)

Hill Country Youth Ranch – RTC Placement:

Population Served: Ages 5-17

Address: 522 Junction Hwy., Ingram, TX 78025 Phone: 830-367-2131

Website: [www.youth-ranch.org/](http://www.youth-ranch.org/)

New Life Children’s Treatment Center- RTC Placement:

Population Served: Ages 11-17

Address: 650 Scarborough, Canyon Lake, TX 78133

Phone: 830-964-4390

Website: [www.newlifechildrencenter.org/](http://www.newlifechildrencenter.org/)

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-654-7225

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 830-285-3526

**Behavioral Health Center of Nueces County (LMHA)**

[www.bhcnc.org](http://www.bhcnc.org)

1630 S. Brownlee Blvd., Corpus Christi, TX 78405

**Main Phone:** 361-886-6970 **Crisis Hotline:** 1-888-767-4493

**Counties:** Nueces

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 1546 S. Brownlee, Corpus Christi, TX 78404

Phone: 1-888-767-4493



Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age, deemed incompetent to stand trial

Address: 1630 S. Brownlee, Corpus Christi, TX 78404-3178

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-253-4947

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 361-886-6931

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless



Phone: 361-548-7013

**Tropical Texas Behavioral Health (LMHA)**

[www.ttbh.org](http://www.ttbh.org)

1901 S. 24 St., Edinburg, TX 78539

**Main Phone:** 956-289-7000 **Crisis Hotline:** 1-877-289-7199

**Counties:** Cameron, Hidalgo and Willacy

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 715 North H St., Harlingen, TX 78550

Phone: 1-877-289-7199

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 1901 South 24th Ave., Edinburg, TX 78540

Phone: 1-877-289-7199

Shoreline, Inc. – RTC Placement:

Population Served: Ages 13-17

Address: 1220 Gregory St., Taft, TX 78390

Phone: 361-528-3356

Website: [www.shorelinetreatmentcenter.com/](http://www.shorelinetreatmentcenter.com/)

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 956-289-7000

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH):

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 956-289-7162

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 956-289-7292

## Resources Available in the Western Regions of Texas

### **Emergence Health Network (LMHA)**

[www.emergencehealthnetwork.org](http://www.emergencehealthnetwork.org)

1600 Montana Ave., El Paso, TX 79902

**Main and Crisis Phone:** 915-887-3410

**Counties:** El Paso

### Crisis Residential and Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Crisis Respite – Address: 8716 Independence, El Paso, TX 79907

Phone: 915-887-3410

Rapid Crisis Stabilization Beds

Phone: 915-887-3410

### Extended Observation Unit:

Population Served: Adults 18+ years of age

Phone: 915-887-3410



### Outpatient Competency Restoration (OCR) Program:

Population Served: Adults 18+ years of age deemed incompetent to stand trial

Phone: 915-887-3410

### Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 915-599-4YES

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Projects for Assistance in Transition from Homelessness (PATH) provided by Aliviane:

Population Served: Adults with SMI or SMI and co-occurring substance use that are homeless or at imminent risk of homelessness

Phone: 915-351-6677

**MHMR Services for the Concho Valley (LMHA)**

[www.mhmrcv.org](http://www.mhmrcv.org)

1501 W Beaugard St., San Angelo, TX 76901

**Main Phone:** 325-658-7750 **Crisis Hotline:** 1-800-375-8965

**Counties:** Coke, Concho, Crockett, Irion, Reagan, Sterling and Tom Green

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 244 N. Magdalen Bldg. #240, San Angelo, TX 76903

Phone: 1-800-375-8965

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 1501 W Beaugard, San Angelo, TX 76901

Phone: 1-800-375-8965

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 866-846-6368

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

**Permian Basin Community Centers for MHMR (LMHA)**

[www.pbmhmr.com](http://www.pbmhmr.com)

401 E Illinois Ave., Midland, TX 79701

**Main Phone:** 432-570-3300 **Crisis Hotline (Alpine, Presidio, & Van Horn):** 1-800-542-4005 **Crisis Hotline (Ft. Stockton):** 1-877-475-7322 **Crisis Hotline (Midland):** 432-570-3300 **Crisis Hotline (Odessa):** 432-333-3265

**Counties:** Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos and Presidio

This community does not have any facility-based crisis options. See the LMHA for other crisis options.

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 844-823-2002

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 432-580-2629

**West Texas Centers (LMHA)**

[www.wtcmhmr.org](http://www.wtcmhmr.org)

319 Runnels St., Big Spring, TX 79720

**Main Phone:** 432-263-0007 **Crisis Hotline:** 1-800-375-4357

**Counties:** Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum

Rapid Crisis Stabilization Beds:

Population Served: Adults 18+ years of age

Address: 319 Runnels St., Big Spring, TX 79720

Phone: 1-800-375-4357

Crisis Respite:

Population Served: Adults 18+ years of age

Address: 2607 Chanute, Big Spring, TX 79720

Phone: 432-263-0007

Youth Empowerment Services (YES):

Population Served: Ages 3-18 years

Phone: 888-336-3362

Website: [www.dshs.state.tx.us/mhsa/yes](http://www.dshs.state.tx.us/mhsa/yes)

Permanent Supportive Housing:

Population Served: Adults in LOC 1-4 that are homeless or imminently homeless

Phone: 432-264-3258

## Appendix A

### Local Mental Health Authorities

#### ACCESS

[www.accessmhm.org](http://www.accessmhm.org)

913 N. Jackson St.  
Jacksonville, TX 75766  
903-586-5507

**Counties:** Anderson and Cherokee

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#### Andrews Center

[www.andrewscenter.com](http://www.andrewscenter.com)

2323 West Front St.  
Tyler, TX 75702  
903-597-1351

**Counties:** Henderson, Rains, Smith, Van Zandt  
and Wood

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#### Austin Travis County Integral Care

[www.integralcare.org](http://www.integralcare.org)

1430 Collier St.  
Austin, TX 78704  
512-447-4141

**County:** Travis

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#### Behavioral Health Center of Nueces County

[www.bhcnc.org](http://www.bhcnc.org)

1630 S Brownlee Blvd.  
Corpus Christi, TX 78404  
361-886-6900

**County:** Nueces

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#### Betty Hardwick Center

[www.bhcmhmr.org](http://www.bhcmhmr.org)

2616 S Clack St.  
Abilene, TX 79606  
325-690-5100

**Counties:** Callahan, Jones, Shackelford,  
Stephens and Taylor

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**Bluebonnet Trails Community Services**

[www.bbtrails.org](http://www.bbtrails.org)

1009 N. Georgetown St.  
Round Rock, TX 78664  
512-255-1720

**Counties:** Bastrop, Burnet, Caldwell, Fayette,  
Gonzales, Guadalupe, Lee and Williamson

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[www.cflr.us](http://www.cflr.us)

408 Mulberry St.  
Brownwood, TX 76801  
325-646-9574

**Counties:** Brown, Coleman, Comanche,  
Eastland, McCulloch, Mills and San Saba

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**Border Region Behavioral Health Center**

[www.borderregion.org](http://www.borderregion.org)

1500 Pappas St.  
Laredo, TX 78041  
956-794-3000

**Counties:** Jim Hogg, Starr, Webb, and Zapata

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**Burke**

[www.myburke.org](http://www.myburke.org)

2001 S Medford Dr.  
Lufkin, TX 75901  
936-639-1141

**Counties:** Angelina, Houston, Jasper,  
Nacogdoches, Newton, Polk, Sabine, San  
Augustine, San Jacinto, Shelby, Trinity and Tyler

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**Camino Real Community Services**

[www.caminorealcs.org](http://www.caminorealcs.org)

19965 FM-3175 N.  
Lytle, TX 78052  
210-357-0300

**Counties:** Atascosa, Dimmit, Frio, Karnes, La  
Salle, Maverick, McMullen, Wilson and Zavala

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**Center for Life Resources**



**Central Counties Services**

[www.cccmhm.org](http://www.cccmhm.org)

304 S 22nd St.  
Temple, TX 76501  
254-298-7000

**Counties:** Bell, Coryell, Hamilton, Lampasas and Milam

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**Central Plains Center**

[www.clplains.org](http://www.clplains.org)

2700 Yonkers St.  
Plainview, TX 79072  
806-293-2636

**Counties:** Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer and Swisher

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**Coastal Plains Community Center**

[www.coastalplainsctr.org](http://www.coastalplainsctr.org)

200 Marriott Dr.  
Portland, TX 78374  
361-777-3991

**Counties:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak and San Patricio

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**Community Healthcare**

[www.communityhealthcore.com](http://www.communityhealthcore.com)

107 Woodbine Pl.  
Longview, TX 75601  
903-758-2471

**Counties:** Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk and Upshur

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**Denton County MHMR Center**

[www.dentonmhmr.org](http://www.dentonmhmr.org)

2519 Scripture St.  
Denton, TX 76201  
940-381-5000

**County:** Denton

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**Emergence Health Network**

[www.emergencehealthnetwork.org](http://www.emergencehealthnetwork.org)

1600 Montana Ave.  
El Paso, TX 79902  
915-887-3410

**County:** El Paso

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**Gulf Bend Center**

[www.gulfbend.org](http://www.gulfbend.org)

6502 Nursery Drive, Suite 100  
Victoria, TX 77904-1178  
361-575-0611

**Counties:** Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio and Victoria

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**Gulf Coast Center**

[www.gulfcoastcenter.org](http://www.gulfcoastcenter.org)

123 Rosenberg, Ste. 6  
Galveston, TX 77550  
409-763-2373

**Counties:** Brazoria and Galveston

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**Heart of Texas Region MHMR Center**

[www.hotrmhmr.org](http://www.hotrmhmr.org)

110 S 12th St.  
Waco, TX 76701  
254-752-3451

**Counties:** Bosque, Falls, Freestone, Hill,  
Limestone and McLennan

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### **Helen Farabee Centers**

[www.helenfarabee.org](http://www.helenfarabee.org)

1000 Brook  
Wichita Falls, TX 76301  
800-669-4166

**Counties:** Archer, Baylor, Childress, Clay, Cottle,  
Dickens, Foard, Hardeman, Haskell, Jack, King,  
Knox, Montague, Stonewall, Throckmorton,  
Wichita, Wilbarger, Wise and Young

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### **Hill Country Mental Health and Developmental Disabilities Centers**

[www.hillcountry.org](http://www.hillcountry.org)

819 Water St, Suite 300  
Kerrville, TX 78028  
830-792-3300

**Counties:** Bandera, Blanco, Comal, Edwards,  
Gillespie, Hays, Kendall, Kerr, Kimble, Kinney,  
Llano, Mason, Medina, Menard, Real,  
Schleicher, Sutton, Uvalde and Val Verde

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**Lakes Regional Community Center**

[www.lrmhmrc.org](http://www.lrmhmrc.org)

400 Airport Rd.  
Terrell, TX 75160  
972-524-4159

**Counties:** Camp, Delta, Franklin, Hopkins,  
Lamar, Morris and Titus

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**MHMR Authority of Brazos Valley**

[www.mhmrbv.org](http://www.mhmrbv.org)

804 S. Texas Ave.  
Bryan, TX 77802  
979-822-6467

**Counties:** Brazos, Burleson, Grimes, Leon,  
Madison, Robertson and Washington

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*Harris Center for Mental Health and  
IDD*[www.mhmraharris.org](http://www.mhmraharris.org)

7011 Southwest Fwy.  
Houston, TX 77074  
713-970-7000

**County:** Harris

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**MHMR Services for the Concho Valley**

[www.mhmrcv.org](http://www.mhmrcv.org)

1501 W Beaugard St.  
San Angelo, TX 76901  
325-658-7750

**Counties:** Coke, Concho, Crockett, Irion,  
Reagan, Sterling and Tom Green

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**MHMR Tarrant**

[www.mhmrtarrant.org](http://www.mhmrtarrant.org)

3840 Hulen St.  
Fort Worth, TX 76107  
817-335-3022, 1-800-866-2465

**County:** Tarrant

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**Pecan Valley Centers for Behavioral &  
Developmental HealthCare**

[www.pvmhmr.org](http://www.pvmhmr.org)

2101 W. Pearl  
Granbury, TX 76048  
817-579-4400

**Counties:** Erath, Hood, Johnson, Palo Pinto,  
Parker and Somervell

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**Permian Basin Community Centers for MHMR**

[www.pbmhmr.com](http://www.pbmhmr.com)

401 E Illinois Ave.  
Midland, TX 79701  
432-570-3300

**Counties:** Brewster, Culberson, Ector,  
Hudspeth, Jeff Davis, Midland, Pecos and  
Presidio

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**Spindletop Center**

[www.stmhmr.org](http://www.stmhmr.org)

655 S 8th St.  
Beaumont, TX 77701  
409-784-5400

**Counties:** Chambers, Hardin, Jefferson and  
Orange

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**StarCare Specialty Health System**

[www.StarCarelubbock.org](http://www.StarCarelubbock.org)

904 Avenue O St.  
Lubbock, TX 79401  
806-766-0310

**Counties:** Cochran, Crosby, Hockley, Lubbock  
and Lynn

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#### **Texana Center**

[www.texanacenter.com](http://www.texanacenter.com)

4910 Airport Ave.  
Rosenberg, TX 77471  
281-239-1300

**Counties:** Austin, Colorado, Fort Bend,  
Matagorda, Waller and Wharton

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#### **Texas Panhandle Centers**

[www.texaspanhandlecenters.org](http://www.texaspanhandlecenters.org)

901 Wallace Blvd.  
Amarillo, TX 79106  
806-358-1681

**Counties:** Armstrong, Carson, Collingsworth,  
Dallam, Deaf Smith, Donley, Hall, Hansford,  
Hartley, Hemphill, Hutchinson, Lipscomb,  
Moore, Ochiltree, Oldham, Potter, Randall,  
Roberts, Sherman and Wheeler

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**Texoma Community Center**

[www.mhmrst.org](http://www.mhmrst.org)

315 W McLain Dr.  
Sherman, TX 75092  
903-957-4700

**Counties:** Cooke, Fannin and Grayson

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**The Center for Health Care Services**

[www.chcsbc.org](http://www.chcsbc.org)

3031 W I-10  
San Antonio, TX 78201  
210-261-1000

**County:** Bexar

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**Tri-County Behavioral Healthcare**

[www.tcmhmrs.org](http://www.tcmhmrs.org)

1506 FM-2854  
Conroe, TX 77304  
936-521-6100

**Counties:** Liberty, Montgomery and Walker

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**Tropical Texas Behavioral Health**

[www.ttbh.org](http://www.ttbh.org)

1901 S. 24 St.  
Edinburg, TX 78540  
956-289-7000

**Counties:** Cameron, Hidalgo and Willacy

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**West Texas Centers**

[www.wtcmhmr.org](http://www.wtcmhmr.org)

319 Runnels St.  
Big Spring, TX 79720  
432-263-0007

**Counties:** Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler and Yoakum

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## Appendix B

### Outreach, Screening, Assessment and Referral Centers (OSARS)

#### Substance Abuse Intervention and Treatment

Outreach, Screening, Assessment and Referral Centers (OSARs) may be the first point of contact for those seeking substance abuse treatment services. Regardless of ability to pay, Texas residents who are seeking substance abuse services and information may qualify for services based on need. OSARs are now located at Local Mental Health Authorities (LMHAs) in 11 Health and Human Service regions.

For immediate and confidential help, 24 hours a day, seven days a week please call the OSAR/LMHA in your region. (Note: Counties served by each OSAR are listed below the contact information in the list of OSAR/LMHAs.)

You may also call or contact [211 Texas](#). Dial 2-1-1 or call 877-541-7905.

### List of all LMHA/OSAR centers in Texas

#### StarCare Specialty Health System

1950 Aspen Avenue  
Lubbock, TX 79404  
Crisis Phone: 806-740-1414 or  
(800) 687-7581  
Intake Phone: 806-740-1421  
Website: <http://www.starcarelubbock.org>

Serving Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran, Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hall, Hansford, Hartley, Hemphill, Hockley, Hutchinson, King, Lamb, Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher, Terry, Wheeler and Yoakum Counties

#### Helen Farabee Centers

1000 Brook St.  
Wichita Falls, TX 76301  
Crisis Phone: 800-621-8504  
Main Phone: 940-397-3143  
Substance Abuse: 940-397-3391  
Website: <http://www.helenfarabee.org/>

Serving Archer, Baylor, Brown, Callahan, Clay, Coleman, Comanche, Cottle, Eastland, Fisher, Foard, Hardeman, Haskell, Jack, Jones, Kent, Knox, Mitchell, Montague, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, Taylor, Throckmorton, Wichita, Wilbarger and Young Counties

### **MHMR of Tarrant County**

3840 Hulen Tower North

Fort Worth, TX 76107

Crisis Phone: 800-866-2465

Substance Abuse Information, Screening and Referral Phone: 800-866-2465

Main Agency Phone: 817-569-4600

Website: <http://www.mhmrtc.org/>

Serving Cooke, Denton, Erath, Fannin, Grayson, Hood, Johnson, Palo Pinto, Parker, Somervell, Tarrant and Wise Counties

### **ValueOptions - NorthSTAR Program**

Access Line Phone: 1-888-800-6799

Crisis Phone: 1-866-260-8000

Website: [www.valueoptions.com/northstar/services.htm](http://www.valueoptions.com/northstar/services.htm)

Serving Collin, Dallas, Ellis, Hunt, Kaufman, Navarro and Rockwall Counties

### **Andrews Center**

2323 West Front St.

Tyler, TX 75702-7747

Crisis Phone: 1-877-934-2131

Main Phone: 903-597-1351

Website: <http://www.andrewscenter.com/>

Serving Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Rusk, Smith, Titus, Upshur, Van Zandt and Wood Counties

### **Burke Center**

2001 S. Medford Dr.

Lufkin, TX 75901-5699

Crisis Phone: 800-445-8562 or 800-392-8343

Main Phone: 936-634-5753

Website: <http://www.myburke.org/>

Serving Angelina, Hardin, Houston, Jasper, Jefferson, Nacogdoches, Newton, Orange, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler Counties

**The Harris Center for Mental Health and IDD (Intellectual and Developmental Disabilities)**

9401 Southwest Freeway  
Houston, TX 77074  
Crisis Phone: 866-970-4770  
Main Phone: 713-970-7000  
Website: <http://www.mhmraharris.org>

Serving Harris, Liberty, Montgomery and Walker Counties

**Gulf Coast Center**

123 Rosenberg, Ste. 6  
Galveston, TX 77550  
Crisis Phone: 866-729-3848  
Main Phone: 409-944-4365  
Toll Free: 844-704-1291  
Website: <http://www.gulfcoastcenter.org/>

Serving Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller and Wharton Counties

**7 Bluebonnet Trails Community Services**

1009 N. Georgetown St.  
Round Rock, TX 78664  
Crisis Phone: 800-841-1255  
Main Phone: 1-844-309-6385  
Website: <http://www.bbtrails.org/>

Serving Bastrop, Bell, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Coryell, Falls, Fayette, Freestone, Grimes, Hamilton, Hays, Hill, Lampasas, Lee, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Travis, Washington and Williamson Counties

**The Center for Health Care Services**

3031 IH 10 West  
San Antonio, TX 78201  
Crisis Phone: 800-316-9241 or 210-223-7233  
Main Phone: 210-731-1300  
Website: <http://www.chcsbc.org/>



Serving Atascosa, Bandera, Bexar, Calhoun, Comal, DeWitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson and Zavala Counties

### **Permian Basin Community Centers for MHMR**

401 E. Illinois  
Midland, TX 79701  
Crisis Phone: 844-420-3964  
Main Phone: 432-570-3333  
Substance Abuse Referrals: 844-420-3964  
Website: <http://www.pbmhmr.com/>

Serving Andrews, Borden, Coke, Concho, Crane, Crockett, Dawson, Ector, Gaines, Glasscock, Howard, Irion, Kimble, Loving, Martin, Mason, McCulloch, Menard, Midland, Pecos, Reagan, Reeves, Schleicher, Sterling, Sutton, Terrell, Tom Green, Upton, Ward and Winkler Counties

### **Emergence Health Network**

1600 Montana  
El Paso, TX 79902  
Crisis Phone: 915-779-1800  
Main Phone: 915-887-3410  
Website: <http://emergencehealthnetwork.org/>  
*Alcohol and Substance Abuse Counseling and Referral Services:*  
9565 Diana Dr.  
El Paso, TX 79924  
Appointments and Information: 915-747-3605  
Fax: 915-757-2621

Serving Brewster, Culberson, El Paso, Hudspeth, Jeff Davis and Presidio Counties

### **Tropical Texas Behavioral Health**

5510 N Cage Blvd  
Pharr, TX 78577  
Crisis Phone: 877-289-7199  
Main Phone: 956-787-7111 ext. 250  
*Substance Abuse Information:*  
861 Old Alice Rd.  
Brownsville TX. 78520  
956-546-2230  
1-800-748-3577  
Website: <http://www.ttbh.org/>

Serving Aransas, Bee, Brooks, Cameron, Duval, Hidalgo, Jim Hogg, Jim Wells, Kenedy, Kleberg, Live Oak, McMullen, Nueces, Refugio, San Patricio, Starr, Webb, Willacy and Zapata Counties

## Appendix C Helpful Links

### **2-1-1 Texas Mental Health Services**

[www.211texas.org/cms/search-mental-health-services-in-texas](http://www.211texas.org/cms/search-mental-health-services-in-texas)

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### **Disability Rights Texas**

[www.disabilityrightstx.org/](http://www.disabilityrightstx.org/)

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### **Hogg Foundation for Mental Health**

<http://hogg.utexas.edu/>

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### **Mental Health America of Texas**

[www.mhatexas.org](http://www.mhatexas.org)

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### **MentalHealthTX.org**

[www.mentalhealthtx.org/](http://www.mentalhealthtx.org/)

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### **Mental Health Policy Institute**

<http://texasstateofmind.org/>

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### **National Alliance on Mental Illness**

[www.nami.org/](http://www.nami.org/)

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### **National Alliance on Mental Illness – Texas**

[www.namitexas.org/](http://www.namitexas.org/)

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### **Speak Your Mind Texas**

[www.speakyourmindtexas.org/](http://www.speakyourmindtexas.org/)

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### **Substance Abuse and Mental Health Services Administration**

[www.samhsa.gov/](http://www.samhsa.gov/)

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**Texas Council of Community Centers**

[www.txcouncil.com/](http://www.txcouncil.com/)

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**Texas Department of State Health**

**Services**

[www.dshs.state.tx.us/](http://www.dshs.state.tx.us/)

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**Texas Department of State Health Services –  
Mental Health and Substance Abuse Division**

[www.dshs.state.tx.us/mhsa/](http://www.dshs.state.tx.us/mhsa/)

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**Texas Health and Human Services Commission**

[www.hhsc.state.tx.us/](http://www.hhsc.state.tx.us/)

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**Texas Workforce Commission**

[www.twc.state.tx.us/](http://www.twc.state.tx.us/)

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**United Ways of Texas**

[www.uwtexas.org/](http://www.uwtexas.org/)